



MISSOURI CANCER ASSOCIATES

There for you, every step of the way.

Patient Name: _____

Scan Date/Time: _____ @ _____ am/pm Arrival time: _____ am/pm

You are scheduled for a CT Scan of the: Abdomen Pelvis Chest Other

CT Scan Prep. Information

CT with IV Contrast or CT with Oral Contrast

- **NO FOOD 4 hours prior to the scan.**
- You may take your morning medications before the scan with water only. Drink 16 ounces of water ONLY 1 hour prior to the exam and be provided with an additional 8 ounces of water 15 minutes prior to the exam. Diabetic patients may eat something if they are hypoglycemic.
- If you are taking any of the following medications: Metformin, Glucophage, Avandamet, Fortamet, Glucovance or Metaglip, do NOT take them for 2 days after the scan.

CT Non-Contrast or Stone Protocol

- No preparation is necessary.
- Please try to drink additional water-based fluids following the CT Scan for next two days to help hydrate.

As of October 21, 2019, Missouri Cancer Associates has moved away from using Barium as an oral contrast agent and implemented a new protocol. Studies show that water, a neutral contrast agent used in abdominal and pelvic CT scans, causes better or equal distention in the bowel and better or equal clarity than Barium contrasts. Patients that need a CT Abdomen and CT Abdomen Pelvis scans, whether with or without IV contrast, will be instructed to drink 16 ounces of water 1 hour prior to the exam, and be provided with an additional 8 ounces of water 15 minutes prior to the exam. Patients that have a diagnosis that include an abdominal abscess, fistula, or bowel obstruction/ileus will be prompted to drink GASTROVIEW oral contrast when scheduling the exam, in which is STILL a 2-hour prep that the patient will complete upon arriving to the imaging department. There is NO NEED to give Barium ahead of time for this exam.

If you are unable to keep your appointment, please notify us at 573-874-7800.