



MISSOURI CANCER ASSOCIATES

There for you, every step of the way.

Patient Name: _____

Scan Date/Time: _____ @ _____ am/pm Arrival time: _____ am/pm

You are scheduled for a CT scan of the: Neck Abdomen Pelvis Chest Other

CT Scan Prep. Information

CT with Contrast

- **NO FOOD 4 hours prior to the scan. Water only.**
- You may take your morning medications before the scan with water only. Diabetic patients may eat something light (i.e., 2 crackers) only if they are hypoglycemic.
- If you are taking any of the following medications: Metformin, Glucophage, Avandamet, Fortamet, Glucovance or Metaglip, do NOT take them for 2 days after the scan.
- Please try to drink additional water-based fluids following the CT scan for next two days to help hydrate.

CT Non-Contrast or Stone Protocol

- No preparation is necessary.

As of October 21, 2019, Missouri Cancer Associates has moved away from using Barium as an oral contrast agent and implemented a new protocol. Studies show that **water**, a neutral contrast agent used in abdominal and pelvic CT scans, causes better or equal distention in the bowel and better or equal clarity than Barium contrasts. Patients that need a CT Abdomen and CT Abdomen Pelvis scans, whether with or without IV contrast, will be instructed to drink 16 ounces of water 1 hour prior to the exam, and be provided with an additional 8 ounces of water 15 minutes prior to the exam. **Patients that have a diagnosis that include an abdominal abscess, fistula, or bowel obstruction/ileus** will be prompted to drink GASTROVIEW oral contrast when scheduling the exam, in which is STILL a 2-hour prep that the patient will complete upon arriving to the imaging department. There is NO NEED to give Barium ahead of time for this exam.

If you are unable to keep your appointment, please notify us at 573-874-7800.